



BUCKINGHAMSHIRE
NEW UNIVERSITY

EST. 1891



YOUR JOINING INSTRUCTIONS



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Welcome to Buckinghamshire New University!

We are looking forward to you joining our distance-learning, one-year **PgCert Mental Health and Wellbeing in Education (MHWE)** course in September.

At BNU we pride ourselves on the support we offer our students to succeed in their academic learning and creating graduates ready for employment. This information pack has been created by the BNU Welcome Team and your course leader, **Dr Matthew Smith**, to provide you with information that you will need for a successful start at BNU. Please read it carefully before you join us.

Your teaching will begin week commencing **Monday 26th September 2022** and your timetable will be provided to you [online](#) closer to your start date.

THE ESSENTIALS...

ABOUT YOUR COURSE

As a postgraduate programme aimed at professionals and students wishing to support the mental health and wellbeing in others, we are keen for you to tailor the programme and the assignments to meet your interests, area of practice and aspirations. In order to get ready for September, it would be helpful if you made some general notes over the next few months on a few things that you probably carry around in your head but may not have written down anywhere:

- What aspects of mental health and wellbeing are you most drawn to? *Why* are you choosing to undertake a Masters programme in this area?
- How do you prioritise your *own* wellbeing, and how do you balance this in your working context?
- Who are your learners and what is the context you and they are working in?
- What are the main challenges that your learners face and how does mental health and wellbeing play a role in these challenges?

ENROLMENT

UK Students

You need to enrol online with BNU before you join us. You will receive an email giving you all the information you need, so don't worry. More information can be found on our [website](#) and we have included a [handy checklist](#) to make sure you cover everything.

International Students

You need to pre-enrol online and show proof of ID in-person to complete your enrolment process. Please see our [website](#) for full details.



Photograph

You will need to email us a head and shoulders photograph of yourself before you start at BNU. This photo should be in a JPEG format and sent to students@bucks.ac.uk with the subject line "Student ID." Please include the following information in your email:

- Your student ID (if you know it)
- Your full name (include all forenames and surname)
- Your date of birth
- The name of the course you will be starting

IT SERVICES

When you receive your enrolment email it will include all the information you need to access the digital services at BNU, including setting up your IT account and accessing MyBNU to access all university systems and information. To find out more about the IT services available to you see our [quick start guide](#).

ADDITIONAL INFORMATION THAT YOU MAY FIND USEFUL...

FINANCIAL SUPPORT

You could benefit from financial support through a bursary or scholarship scheme during your time as a student. Please visit our [Postgraduate Financial Support](#) for further information.

INCLUSION, DIVERSITY AND DISABILITY TEAM

Our **Inclusion, Diversity and Disability (IDD)** team are here to help ensure that you get the most from your experience at university in an inclusive learning environment. More information about how we can support students with a disability can be found at <https://www.bucks.ac.uk/life/student-success-and-support/inclusion-diversity-and-disability>.

Please contact the Inclusion, Diversity and Disability team via inclusion@bucks.ac.uk to introduce yourself and make arrangements for a registration appointment.

YOUR STUDENTS' UNION

When you enrol at BNU you will automatically become a member of Bucks Students' Union and will have the opportunity to enrich your student experience by taking part in a diverse and exciting range of activities. Why not explore our website at <https://www.bucksstudentsunion.org/> to find out more about what's on offer?



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FOLLOW US!

Before you arrive to start your course at BNU why not check out our social media feeds to see what we are doing? MHWE is linked to our Centre for Positive Psychology, which is also responsible for a related MSc in Applied Positive Psychology (MAPP). You can find out more about the Centre via the [Centre for Positive Psychology website](#), and also via our **LinkedIn** pages: [Centre for Positive Psychology LinkedIn Home Page](#) / [Centre for Positive Psychology \(BNU\) LinkedIn Group](#).

If you have any general questions before you start please contact welcome@bucks.ac.uk or for course specific questions please get in touch with Dr Matthew Smith via matthew.smith@bucks.ac.uk.

We look forward to welcoming you soon!

The BNU Welcome Team

We will consider any request for accessible formats that may be required. Please send your request to welcome@bucks.ac.uk.