

PROGRAMME SPECIFICATION

The Programme Specification is designed for prospective students, current students, academic staff and potential employers. It provides a concise summary of the main features of the programme and the intended learning outcomes.

SECTION A: DETAILS OF THE PROGRAMME AND AWARD

Programme Title	MSc Sports Therapy
Awarding Body	Buckinghamshire New University
Teaching Institution / Programme Location	Buckinghamshire New University High Wycombe Campus
Faculty	Society & Health
Name of Final Award	Master of Science, MSc
NQF/FHEQ Level of Qualification	Level 7: Master's degree
QAA Subject Benchmark Statement	Health Care Programmes: Physiotherapy 2001
UCAS Code	n/a
Course Codes	MP1STH1 – FT MP1STH2 - PT
Mode of Delivery	Full Time & Part Time
Length of Study	1 year (12 months) 2 years (24 months)
Number of Intakes	1: September
Regime of Delivery	Campus Based
Language of Study	English
Programme Accreditation	The Society of Sports Therapists
Month and Year valid from	01 September 2017
Publication & Revision Dates	16 May 2017, September 2019

Programme Introduction

This programme has been developed in accordance with the Framework for Higher Education Qualifications (FHEQ) and meets the requirements for Level 7. The course also complies with The Society of Sports Therapists Standards of Education and Training: Competencies of a Graduate Sports Therapist.

Sports Therapy is a rapidly growing area of healthcare based on five pillars of competency:

- Prevention
- Recognition & Evaluation
- Management, treatment & referral
- Rehabilitation
- Education & professional practice issues

A Sports Therapist has the skills and knowledge required to cope with musculoskeletal injuries from the point of injury to a full recovery and return to the level of sport or exercise previously completed. An underpinning component of Sports Therapy is Sport and Exercise science. This postgraduate course has been developed for graduates from the Sport and Exercise Sciences area to add the therapeutic knowledge and skills to their training to become fully qualified Sports Therapists. Upon graduation from this Masters, students will be able to work as autonomous practitioners in the ever expanding healthcare sector.

Distinguishing Features of the Programme

This degree offers Sports Science graduates the opportunity to develop the practical and theoretical skills to become a graduate Sports Therapist. Sports Therapy is a rapidly developing area of healthcare. The general public and the sporting population are becoming increasingly aware of the requirements to look after their bodies from a health and exercise perspective; however, this also means they are more at risk of injury. Students who successfully complete this MSc will be entitled to become full members of The Society of Sports Therapists, enabling them to practise as autonomous practitioners. Existing Sports Therapists work in a plethora of areas including: professional football, professional rugby, athletics, basketball, ice hockey, the NHS, private clinics.

Distinguishing Features

- Wealth of diversity in experience from the staff
- Well established placements in sport
- Outstanding teaching and learning facilities
- Fun and involving delivery methods

Admission Requirements

This course is specifically designed for Sports Science graduates. Ideally, applicants should have some experience in the healthcare industry. Key areas the admissions team will look for are that applicants have the exercise science understanding from their undergraduate degree as this is a key requirement for the membership of The Society of Sports Therapists. However, if applicants do not have this they could still speak to a member of the course team for guidance regarding additional training that may enable them to enrol on this MSc programme by accreditation of prior experiential learning via the University APL procedures.

The ideal entry requirements for the programme are as follows:

- BSc (Hons) in Sport/Exercise Science related course with a recommended 2:1 (applicants with lower classifications should contact the course team where experience may be considered in their application)
- A successful interview with a member of the course team (these can be on-site or via Skype)
- IELTS average of a minimum 6.5 with no less than 6.0 in any area.
- A satisfactory enhanced criminal history check will be required by all applicants prior to acceptance on the course.

The Disclosure and Barring Service (DBS) in the UK does not currently conduct overseas criminal record checks. Therefore, International applicants, those without British Citizenship and British Citizens with a significant period of overseas residency require a criminal records check or certificate of good conduct from their home/overseas country prior to entry on to the course. A UK DBS check will be required after enrolment.

Recognition of Prior Learning

Where students have evidence of successfully studying areas taught within the course at level 7 they can apply for credits in recognition of previous learning through the university APL procedures. All learning must be to level 7 to qualify.

Employability Statement / Career Prospects

Sports Therapy is a recognised profession of healthcare. Upon successful completion of this course students will be able to apply for full membership of The Society of Sports Therapists and with appropriate insurance they will be able to work autonomously within professional sport, the NHS or in private practice. This course is based upon placement and work experience opportunities which will enable development of key contacts within industry to help the progression into a career in Sports Therapy. The dissertation work will also be centred around the opportunity to publish the work completed and may lead into further research work included a PhD.

Professional Statutory and Regulatory Body Accreditation

The PSRB for this course is The Society of Sports Therapists. This organisation is considered the leading professional body for Sports Therapy and has made a formal application for Sports Therapy to become a protected title, thus protecting the public and raising standards of education and care. At present, only Sports Therapists who are members of The Society of Sports Therapists can be trained in the appropriate trauma management for professional rugby (ICIS) and football (IFAS/area).

SECTION B: PROGRAMME AIMS, OUTCOMES, LEARNING, TEACHING AND ASSESSMENT METHODS

Programme Aims

The main educational aims of the programme are to:

- Prepare students with the skills, knowledge and attributes to practice as a Sport Therapist.
- Facilitate students to gain a critical understanding, evaluation and synthesis of the concepts, theories, principles and practices of Sports Therapy in order to prepare them for employment and/or continued study.
- Support students to develop and enhance their technical, supervisory and management skills, within sports therapy milieu.

Programme Learning Outcomes

Knowledge and Understanding

On successful completion of the programme a graduate will be able to:

1. Demonstrate originality and a systematic understanding in the field of Sports Therapy through the critical application and clinical reasoning of theory to practice.
2. Critically evaluate the role of the Sports Therapist in injury prevention and rehabilitation of an athlete and its relationship with allied professions.
3. Critically evaluate the application of current research/evidence on policy and practice.
4. Systematically and creatively work within the limits of current knowledge and practice in the field of Sports Therapy making sound judgements in the absence of complete data.

Intellectual/Cognitive Skills

On successful completion of the programme a graduate will be able to:

1. Apply professional Sports Therapy knowledge and skills and that of associated disciplines to inform practice.
2. Critically analyse, evaluate and synthesise a range of evidence to make appropriate judgements and to inform Sports Therapy practice recommendations.
3. Critically reflect on experiential practice to embrace and enact the concept of life-long learning and professional development.

4. Develop, design and initiate a research project in an area to enhance best practice of Sports Therapy (qualitative and/or quantitative) using appropriate research methods.
5. Effectively communicate ideas, problems, and solutions with members of the multi-professional and multidisciplinary team.

Practical Skills

On successful completion of the programme a graduate will be able to:

1. Analyse and identify risk factors associated with injury and/or illness.
2. Clinically reason and evaluate an injury whilst utilising a range of sports therapy skills to enable patients to meet their goal/s.
3. Critically evaluate individual treatment methods to appropriately manage, treat and refer patients.
4. Plan, evaluate and implement a comprehensive rehabilitation and reconditioning programme.
5. Provide up-to-date advice on sports therapy and health promotion/education.
6. Evaluate and apply relevant research/evidence base in the workplace to inform practice.

Key/Transferable Skills

On successful completion of the programme a graduate will have:

1. Developed in-depth literacy, communication and numeracy skills.
2. Developed clinical reasoning and problem solving skills so they can base decisions on the best available evidence.
3. The skills to be an independent learner to nurture the concept of life-long-learning.
4. The skills and knowledge to work as a member of a team and with other professionals.
5. Developed skills to use information and communications technology.

Table 1: Programme Learning Outcomes and Mapping to Modules

On successful completion of level 7 MSc Sports Therapy a graduate, will be able to:

Programme Learning Outcomes		
K	Knowledge and Understanding	Core Modules (Code) Level 7
K1	Demonstrate comprehensive understanding in the field of sports therapy through the application of theory to practice.	SL740, SL741, SL742, SL743,
K2	Critically evaluate the role of the sports therapist in injury prevention and rehabilitation of an athlete and its relationship with allied professions.	SL741, SL743,
K3	Critically evaluate the application of current research/evidence on policy and practice.	SL740, SL741, SL742, SL743,
K4	Evaluate and work within the limits of current knowledge and practice in the field of sports therapy.	SL740, SL741, SL742, SL743, SL744,
C	Intellectual/Cognitive Skills	
C1	Apply professional knowledge and skills and that of associated disciplines to inform practice.	SL740, SL741, SL742, SL743, SL744,
C2	Critically analyse, evaluate and synthesise a range of evidence to make appropriate judgements and to inform practice recommendations.	SL740, SL741, SL742, SL743, SL744,
C3	Critically reflect on experiential practice to embrace and enact the concept of life-long learning and professional development.	SL740, SL741, SL742, SL743, SL744,
C4	Develop, design and initiate research project (qualitative and/or quantitative) using appropriate research methods.	SL745, SL746
C5	Effectively communicate ideas, problems, and solutions with members of the multi-professional team.	SL740, SL741, SL742, SL743, SL744,
P	Practical Skills	
P1	Analyse and identify risk factors associated with injury and/or illness.	SL741, SL742, SL743
P2	Clinically reason and evaluate an injury whilst utilising a range of sports therapy skills to enable patients to meet their goal/s.	SL740, SL741, SL742, SL743, SL744,
P3	Critically evaluate individual treatment methods to appropriately manage, treat and refer patients.	SL740, SL741, SL742, SL743, SL744,
P4	Plan, evaluate and implement a comprehensive rehabilitation and reconditioning programme.	SL741
P5	Provide up-to-date advice on sports therapy and health promotion/education.	SL740, SL741, SL742, SL743, SL744,
P6	Evaluate and apply relevant research/evidence base in the workplace to inform practice.	SL740, SL741, SL742, SL743, SL744,
T	Key/Transferable Skills	

T1	Developed in-depth literacy, communication and numeracy skills.	SL740, SL741, SL742, SL743, SL744, SL745, SL746,
T2	Developed clinical reasoning and problem solving skills so they can base decisions on the best available evidence.	SL740, SL741, SL742, SL743, SL744,
T3	The skills to be an independent learner to nurture the concept of life-long-learning.	SL740, SL741, SL742, SL743, SL744, SL745, SL746,
T4	The skills and knowledge to work as a member of a team and with other professionals.	SL744
T5	Developed skills to use information and communications technology.	SL745

On successful completion of level 7 PGDip Sports Therapy a graduate will be able to demonstrate achievement of the following learning outcomes:

Knowledge and Understanding

On successful completion of the programme a graduate will be able to:

1. Demonstrate originality and systematic understanding in the field of Sports Therapy through the critical application and clinical reasoning of theory to practice.
2. Critically evaluate the role of the Sports Therapist in injury prevention and rehabilitation of an athlete and its relationship with allied professions.
3. Critically evaluate the application of current research/evidence on policy and practice.
4. Systematically and creatively work within the limits of current knowledge and practice in the field of Sports Therapy making sound judgements in the absence of complete data.

Intellectual/Cognitive Skills

On successful completion of the programme a graduate will be able to:

1. Apply professional Sports Therapy knowledge and skills and that of associated disciplines to inform practice.
2. Critically analyse, evaluate and synthesise a range of evidence to make appropriate judgements and to inform Sports Therapy practice recommendations.
3. Critically reflect on experiential practice to embrace and enact the concept of life-long learning and professional development.
4. Effectively communicate ideas, problems, and solutions with members of the multi-professional and multidisciplinary team.

Practical Skills

On successful completion of the programme a graduate will be able to:

1. Analyse and identify risk factors associated with injury and/or illness.
2. Clinically reason and evaluate an injury whilst utilising a range of sports therapy skills to enable patients to meet their goal/s.
3. Critically evaluate individual treatment methods to appropriately manage, treat and refer patients.
4. Plan, evaluate and implement a comprehensive rehabilitation and reconditioning programme.
5. Provide up-to-date advice on sports therapy and health promotion/education.
6. Evaluate and apply relevant research/evidence base in the workplace to inform practice.

Key/Transferable Skills

On successful completion of the programme a graduate will have:

1. Developed in-depth literacy, communication and numeracy skills.
2. Developed clinical reasoning and problem solving skills so they can base decisions on the best available evidence.
3. The skills to be an independent learner to nurture the concept of life-long-learning.

The above learning outcomes will be demonstrated by the achievement of a combined total of 150 credits at level 7 for this programme.

On successful completion of level 7 PGDip Sports Health Studies a graduate will be able to demonstrate achievement of the following learning outcomes:

Knowledge and Understanding

On successful completion of the programme a graduate will be able to:

1. Critically evaluate the application of current research/evidence on policy and practice.
2. Systematically and creatively work within the limits of current knowledge and practice in the field of Sports Therapy making sound judgements in the absence of complete data.

Intellectual/Cognitive Skills

On successful completion of the programme a graduate will be able to:

1. Apply professional Sports Therapy knowledge and skills and that of associated disciplines to inform practice.
2. Critically analyse, evaluate and synthesise a range of evidence to make appropriate judgements and to inform Sports Therapy practice recommendations.
3. Critically reflect on experiential practice to embrace and enact the concept of life-long learning and professional development.
4. Effectively communicate ideas, problems, and solutions with members of the multi-professional and multidisciplinary team.

Practical Skills

On successful completion of the programme a graduate will be able to:

1. Analyse and identify risk factors associated with injury and/or illness.
2. Critically evaluate individual treatment methods to appropriately manage, treat and refer patients.
3. Provide up-to-date advice on sports therapy and health promotion/education.
4. Evaluate and apply relevant research/evidence base in the workplace to inform practice.

Key/Transferable Skills

On successful completion of the programme a graduate will have:

1. Developed in-depth literacy, communication and numeracy skills.
2. Developed clinical reasoning and problem solving skills so they can base decisions on the best available evidence.
3. The skills to be an independent learner to nurture the concept of life-long-learning.

The above learning outcomes will be demonstrated by the achievement of a combined total of 120 credits at level 7 for this programme.

On successful completion of PG Cert Sports Health Studies a graduate will be able to demonstrate achievement of the following learning outcomes:

Knowledge and Understanding

On successful completion of the programme a graduate will be able to:

1. Critically evaluate the application of current research/evidence on policy and practice.
2. Systematically and creatively work within the limits of current knowledge and practice in the field of Sports Therapy making sound judgements in the absence of complete data.

Intellectual/Cognitive Skills

On successful completion of the programme a graduate will be able to:

1. Apply professional knowledge and skills and that of associated disciplines to inform practice.
2. Critically analyse, evaluate and synthesise a range of evidence to make appropriate judgements and to inform practice recommendations.
3. Effectively communicate ideas, problems, and solutions with members of the multi-professional team.

Practical Skills

On successful completion of the programme a graduate will be able to:

1. Analyse and identify risk factors associated with injury and/or illness.
2. Provide up-to-date advice on sports therapy and health promotion/education.
3. Evaluate and apply relevant research/evidence base in the workplace to inform practice.

Key/Transferable Skills

On successful completion of the programme a graduate will have:

1. Developed in-depth literacy, communication and numeracy skills.
2. The skills to be an independent learner to nurture the concept of life-long-learning.
3. Developed skills to use information and communications technology.

The above learning outcomes will be demonstrated by the achievement of 60 credits listed at level 7 for this programme.

Learning, Teaching and Assessment Methods to achieve the Programme Learning Outcomes

How will students learn

The Quality Assurance Agency (QAA, 2001) benchmarks for Physiotherapy recommend that learning, teaching and assessment be based upon facilitating the acquisition of professional capabilities. This learning should be assessed to an appropriate standard in the manner of a health professional in a practise based profession with a view to lifelong learning to support best professional practice and maintain professional standards. In order to achieve this, the programme will feature mainly practical based teaching and learning environments with a lot of practice based learning. Students will also be exposed to work experience placements in the university Sports & Wellbeing Clinic as well as with external providers to enhance their application of knowledge and practice. Theory based sessions will mainly be based around problem solving discussions from directed learning as well as some didactic teaching methods from minimal lectures.

A range of specific learning and teaching mechanisms is outlined below:

Seminars: enable open discussion, contribution by lecturers, practitioners and industry speakers. Students are enabled to practice the articulation of ideas, question, test their knowledge and listen to other's points of view, thus enabling their critical abilities to develop.

Lectures: provide information and opportunities for visual presentation of ideas, concepts and theories. Students may also be involved in interactive activities which have some of the characteristics of seminars listed above.

Practical/laboratory sessions: students work in small groups that aim to develop collaborative and communication skills, networking, sharing and supporting each other to learn and acquire vocational experience of tests and procedures conducted in a laboratory setting.

Visits to/from industry partners: enables the development and awareness of current practice in the subject. This is essential to developing an understanding of current practices, career opportunities, and preparing students for working life as a sport and exercise scientist. Contact with practitioners, who may also be teachers, enables the development of language, concepts, research approaches and identity formation through an ontological approach to learning in the discipline.

'Working with a client' projects: enable students to experience work practices and to apply their own ideas and innovative approaches to real-life situations. Professional approaches are developed and working practices understood, increasing students' employability skills. These may include opportunities to work with patients as part of an assignment or special project, which enhances professional skills and communication of ideas and designs as well as finished work. Close liaison with relevant professional bodies will occur during these modules.

Self-directed study: develops students' independent working, autonomy and self-awareness. The ability to manage projects, manage time and identify own learning needs is supported by formal and informal learning opportunities throughout the course. Self-directed study is key to successfully managing and achieving the course learning outcomes. The Learning Development Unit is available to support students with learning difficulties and those wishing to enhance their study skills.

Tutorials: both individual and in small groups help to focus students on evaluating their own work and in identifying directions for study and research. Lecturers will question and advise students, presenting alternatives and challenging decisions, in order to help students to realise their full potential and to develop critical and evaluative skills.

Workshops: will be available for self-directed study and access to materials and equipment for practical work in the Human Performance Exercise and Wellbeing Centre. Workshop inductions will include health and safety, safe working practices and demonstrations of process and technique. A strong employability strand is a desirable aspect of the programme to ensure that students can develop a range of capabilities and transferable skills during their course. Links with industry partners are critical to this effect and the team will aim to develop current links further to improve the student experience.

e-Portfolio: Personal Development Planning (PDP) is incorporated into the curriculum, to aid students to reflect on their learning, performance and achievement and to assist in the planning of their on-going personal and professional development (QAA, 2000). The students' PDP will sit within their e-portfolio. The use of the e-portfolio will enable students to develop IT skills alongside their development as independent reflexive learning. By engaging with their e-portfolio they will develop emotional intelligence and chart their personal, professional development and their practice competence. The e-portfolio/PDP will be a personal record of their academic and professional development throughout their course and beyond. As a requirement of The Society of Sports Therapists, each student must have successfully completed a minimum of 200 hours of supervised Sports Therapy practice to obtain their Award.

Professional qualifications will be offered during the programme. To illustrate, students will have the chance to take a recognised First Aid and trauma management qualifications.

How will students be assessed

Each module will clearly outline the assessment methods and detailed information will be supplied within the Module Scheme (week-by-week guide). Learning outcomes, learning content and assessments are aligned in order to ensure that graduates develop into academically sound, safe, responsive evidence-based Sports Therapists. In line with the aim of encouraging students towards a flexible approach in their own learning and development, the programme adopts a varied methodology for assessment. These will include presentations, reports, practice document and work related assessments with evidence of achievement in practice. Other forms of assessment may include oral examinations, practical examinations, reflective essays, case studies and portfolio production. Students will have the opportunity to access a variety of electronic resources including journal articles, on-line books, electronic databases, internet sources and also material from the library.

Every effort has been made to stage assessments throughout the year to ensure students have sufficient time to complete assignments and to reflect on feedback received.

Formative assessment and feedback occurs during every module. It will mostly take place informally during seminars and practical sessions. The feedback is part of an essential dialogue between lecturer and student about their progress indicating clearly opportunities to improve. The programme will include early opportunities to complete short written tasks (e.g., a few hundred words) in order to create an opportunity for feedback/ feed forward and also to identify any students who may benefit from referral to the Learning Development Unit (LDU). The LDU provides additional learning and academic development training at the University. Support is provided via one-to-one tutorials so that they are tailored to the needs of the individual student. On occasions, LDU tutors will team-teach with module tutors (e.g., citing academic literature, note-taking strategies, and statistical skills). All students are signposted to the LDU services through induction, their Personal Tutor, and Course Leader. Should a student be identified with a specific learning disability, they will be referred to Disability Services.

Summative assessment occurs at the completion of each individual component of coursework. The assessment criteria applied are clearly stated on the assignment briefs and in the programme

handbook. Tutors will be looking for evidence that students have met the learning outcomes of the assignment and carried out all the elements of the required submission. It is on the basis of this summative assessment that a final grading is made for any module. Written feedback will be provided against each of the assessment criteria with clear links back to the learning outcomes for each module. In the case of electronically submitted assignments, feedback can also take the form of a voice podcast as lecturers can record feedback using the Turnitin facility.

On this programme, students must attempt and pass all assessment components with a minimum mark of 40% and achieve an overall module mark of 40% the mark being weighted and averaged. Students must achieve 195 credits and compensation is not permitted for any module or component.

Attendance Requirements on the Programme

As students are attending a programme that leads to a professional body accreditation, attendance is essential and will be monitored both in University and during professional practice. Students are also required to sign the register for each academic lecture/seminar/workshop they attend and 'mentors' sign students' practice documentation for completion of practice hours.

Moreover, in accordance with requirements from The Society of Sports Therapists, students are expected to demonstrate a commitment to experiential learning in Sports Therapy through an attendance of not less than 80% for all practical sessions. Failure to meet the requirement without good cause may result in the student not being entered for the practical assessment components of the module. In addition, failure to meet the 80% practical attendance in modules will result in a fail of that component and the student will be required to demonstrate the learning from the session is completed the following year or during an additional competency assessment. This competency assessment will involve assessment of all class content that has been missed with a requirement that the student demonstrate competency passes to a minimum of 80% in the areas demonstrated.

Work-Based / Placement Learning

The professional body (The Society of Sports Therapists) requires that all students complete a minimum of 200 recorded hands-on supervised clinical practice hours during their course. These hours can be obtained during the entire year and are expected to be a progressive development of the skills being taught during the course. Students will have the opportunity to work in the Sports & Wellbeing Clinic for some of these hours as well as external placements. These hours will be assessed via an ePortfolio where students will record their hours and placement forms and have the opportunity for reflections.

The university and course team are aware that at times students may experience difficulties with completing their minimum of 200 recorded hands-on supervised clinical practice hours. To take account of this and the professional commitment of the student, it is possible to change the registration of your Work Experience module SL744 to the following semester to enable more time to complete the minimum hours. This must be in collaborative discussions with the course leader and the registrar for the course. The module leader will also be able to check the progress of the hands-on hours via the ePortfolio and so it is imperative that this be updated contemporaneously.

SECTION C: PROGRAMME STRUCTURE(S) AND HOURS

Table 1: Programme Structure Table

Programme Title		MSc Sports Therapy							
Course Code		MP1STH1							
Mode of Study		Full Time							
Credit Value		UK	195		ECTS		97.5		
Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award ([C]ore / [O]ptional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
SL740	Tissue and Pain Management	7	1	C	30			100	SB
SL741	Sport and Exercise Rehabilitation	7	1	C	30			100	SB
SL742	Manual Therapy	7	1	C	30			100	SB
SL743	Injury Assessment and Management	7	1	C	30			100	SB
SL744	Sports Injuries Work Experience	7	1	C	30		40	60	SB
SL745	Research Methods for Sports Therapy	7	1	C	15		50	50	SB
SL746	Sports Therapy Research Dissertation	7	1	C	30		100		S3

Programme Title		MSc Sports Therapy							
Course Code		MP1STH2							
Mode of Study		Part Time							
Credit Value		UK	195		ECTS		97.5		
Module Code	Module Title	QCF/FHEQ Level	Course Stage / Year	Status in Award ([C]ore / [O]ptional)	Credit Value	Assessment Regime			Semester Taught *
						Written Exam %	Coursework %	Practical %	
Year One									
SL740	Tissue and Pain Management	7	1	C	30			100	SB
SL741	Sport and Exercise Rehabilitation	7	1	C	30			100	SB

SL743	Injury Assessment and Management	7	1	C	30			100	SB
SL745	Research Methods for Sports Therapy	7	1	C	15		50	50	SB
Year Two									
SL742	Manual Therapy	7	2	C	30			100	SB
SL744	Sports Injuries Work Experience	7	2	C	30		40	60	SB
SL746	Sports Therapy Research Dissertation	7	2	C	30		100		SB

Table 3: Breakdown of Contact Hours

Note: Hours are worked on the basis of full-time study. 1 Academic Credit is equated to 10 notional learning hours. A full-time undergraduate student will normally study 120 credits in an academic year which is therefore equated to 1200 notional hours. A full time postgraduate student will normally study 180 credits in an academic year which equates to 1800 hours. Module Descriptors provide detailed breakdowns of the categories given below.

FULL TIME:

Year of course	Scheduled Learning and Teaching Activities	Guided Independent Study	Placement / Study Abroad	Total
Year One	512	1238	200	1950

PART TIME:

Year of course	Scheduled Learning and Teaching Activities	Guided Independent Study	Placement / Study Abroad	Total
Year One	350	700		1050
Year Two	162	538	200	900
Total	512	1238	200	1950

SECTION D: ASSESSMENT REGULATIONS

This programme complies with the approved University regulations *University Academic Framework and Assessment Regulations* and procedures as detailed on the University website.

With the following exceptions:

The following modules will be non-compensable:

- SL740 Tissue and Pain Management
- SL741 Sport and Exercise Rehabilitation
- SL742 Manual Therapy
- SL743 Injury Assessment & Management
- SL744 Sports Injuries Work Experience
- SL746 Sports Therapy Research Dissertation

The calculation of this award will be 100% at level 7.

Exit Awards Available

Exit Award Type	Award Title	Credits Achieved
Postgraduate Certificate	Sports Health Studies	60 Credits
Postgraduate Diploma	Sports Health Studies	120 Credits
Postgraduate Diploma	Sports Therapy	150 Credits in all modules except SL745 and SL746

SECTION E: FURTHER INFORMATION

Reference Points

The following reference points were used when designing the programme:

- University Strategy 2016-2021
- Buckinghamshire New University Approval of Academic Provision policy and procedure
- QAA Subject Benchmark Statement for: Physiotherapy
- QAA Framework for Higher Education Qualifications (2014)
- PSRB documents – Education competencies and standards
- University Academic Qualifications Framework
- Recommendation and feedback from external subject academic and industry professional

Ethics

The following ethics sub-committee will be responsible for ensuring good research practice and student awareness of ethical concerns and risks.

Sports Ethics Subcommittee

Annual Review and Monitoring

This programme will be monitored annually through the University's Programme Review and Enhancement process, which is a continual cycle of review and enhancement. This process is supported by both the periodic review of departments and the periodic re-approval process for individual programmes. All processes are completed in consultation with students via the Students' Union or student representatives.

The re-approval of this programme is scheduled for academic year: 2022/23.

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